

Christine H. Haas

Description:

Christine Haas, M.S., C.N.S., C.P.T. is a licensed nutritionist in Maryland and Washington DC certified through the American College of Nutrition. Christine holds a number of fitness and nutrition certifications, including The Certificate of Training in Adult Weight Management from the American Dietetic Association. Christine has also received a Masters of Science Degree in Health and Fitness from The American University in Washington D.C. and a Masters Degree in Nutrition Education from The University of Vermont.

Christine worked as the nutritionist and as a personal trainer at The Sports Club L.A. in Washington D.C. as a nutritionist for Medifast at corporate headquarters in Owings Mills MD and as an adjunct professor of nutrition at Montgomery College. Christine is currently the nutritionist for the Watergate and Burke Allergy and Asthma Centers, the fitness coordinator and a nutritionist for the Center of Obesity Surgery in Washington DC.

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